

Clearwater Chrysalis

2018 Summer Women's Retreat

Thursday, August 16 - Sunday, August 19

Optional quilting/gardening work day - August 15

FACING FEAR, Finding Faith

Keynote Speaker: Rev. Sarah Henrich

There is a sense of anxiety rampant in our world. This retreat looks at women of faith in a variety of circumstances and tries to learn something from their stories. We will look at women from scripture whose lives included the facing of fear and tapping into faith/trust in God that allowed them not only to survive, but to confront the powers that be and make their point.



Workshops:

Multicolored Devotions ~ Science of Happiness ~ Watercolor painting

Book Discussion ~ Healing Touch Presentation ~ Exploring the Visitation in Art

All camp presentation by the National Eagle Center



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Speaker Bio

Rev. Sarah Henrich, who spent over two decades teaching New Testament and Greek (among other things) at Luther Seminary, retired in 2014. Since then she has served as an interim pastor at Westminster Presbyterian in Minneapolis and Lutheran Church of Peace in Maplewood. She is currently interim pastor at Atonement Lutheran Church in New Brighton. Sarah has continued to teach as an adjunct at Luther and Augsburg University.

She continues to be a docent at the Minneapolis Institute of Art, an avocation she has pursued for 17 years. She loves to travel (biking the Rhine River, anyone?), quilt, cook, read and share family time with husband John and two sons, Adam and Daniel and their wives.

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What Women Say about Chrysalis

"I like the people, connections, I could do the drop in crafts, I really liked my small group, massage - everything!"

"Small group: we bonded quickly - affirming and supportive of each other."

"I liked the place & the people, solitary labyrinth walks, free time, high ropes."

"A highlight - always the camaraderie!"

"I liked the joyful experience of listening to an owl under the gorgeous night sky; the spiritual awakening in me; tie-dyeing, which is something I had never tried before; my small group."

Featuring

- ♦ Exercise options: Yoga, Pilates, water aerobics, biking
- ♦ Free time options: Tie-dye, kayaks, bouldering wall, high ropes, hiking or just relaxing
- ♦ All camp dance with professional caller

Our Mission

Clearwater Chrysalis is a Christian based faith-building program of Clearwater Forest. We welcome adult women of all beliefs. Our vision is to nourish and support the body, mind, and spirit in community with other women.

Fees, Registration, General Info

Fees for Chrysalis cover three nights housing, all meals, speaker presentations, most workshops, and more. Cost is \$215 or \$290, depending on housing choice. (Single rooms in lodges are an additional \$100 and are based on availability.) Optional work day is \$30 additional. A \$75 deposit is required. All fees paid, minus the \$75 deposit, are refundable if a cancellation of registration occurs at least ten days prior to the event.

First timers may be eligible for a discount.

Optional Work Day

Join us Wednesday before Chrysalis officially starts for a day of volunteering for Clearwater—your choice of quilting or gardening! You only have to pay for meals. You will be sent details after you register.

REGISTER ONLINE

www.clearwaterforest.org

Or call the camp office at **(218) 678-2325** to register. You will receive registration confirmation and additional information via e-mail.

Register by August 5, 2018.

Scholarship funds are available through the Chrysalis Steering Committee. Contact the camp office at **(218) 678-2325**.

Housing for Summer Chrysalis is available in both lodges, and summer cabins.

Clearwater Forest is a regional program, retreat and conference center of the Presbyterian Church (USA). This beautiful setting near Brainerd, Minnesota, covers more than 1,000 acres of forest and includes 3-1/2 miles of lakefront, 10 miles of wooded trails, and majestic stone buildings.

16595 Crooked Lake Road, Deerwood, MN 56444-8328

