

## WINTER 2024 CLEARWATER CHRYSALIS SCHEDULE

### Friday, February 23

4:30 - 5:30	Arrive, check in and settle in
5:00 - 5:30	Small group leaders' meeting/first timers meeting
5:45 - 6:30	Dinner
6:30 - 7:00	Welcome
7:15-8:15	Presentation
8:30-9:30	Small Groups
9:45 - 10:00	15 min meditation time



### Saturday, February 24

7:40-8:00	Stretch and Praise
8:15 - 9:00	Breakfast
9:15 - 10:15	Presentation 2
10:30 - 11:30	Small groups
11:45 - 12:15	Lunch
12:30 - 1:30	Workshops (60 min) 1 Tea Party 2 Nature walk/talk 3 Native American presentation(H)
1:45 - 3:45	Free Time options 1:45 - 2:45 Yoga (maybe) 1:45 - 3:30 Snowshoeing
4:00 - 5:00	Workshops (60 min) 1 Soap Making(LT) 2 Muscles and Immunity(H) 3 Book Discussion(E)
5:15 - 5:45	Singing
5:45-6:30	Dinner
7:00	Entertainment - Bunco

### Sunday, February 25

8:00 - 8:20	Stretch and Praise
8:30 - 9:15	Brunch
9:30 - 10:30	Presentation 3
10:45-11:15	Small Groups & Finish Evaluations
11:30-12:30	Closing Worship

### Summer Chrysalis

August 15 - 18, 2024 with optional Service Day on August 14